

Workplace Personal Assistant (WPA) Training

Questions for Drinking, Eating, and Meal Planning

Consideration	Answer
What are the individual's eating preferences and protocols?	
Does the individual need adaptive equipment for eating or drinking? If so, what kind?	
Is there a designated break area to eat in? If so, where?	
Is there a microwave or refrigerator available to use?	
Does the individual prefer to eat in a group or alone?	
Does the individual have allergies? If so, what are they?	
Does the individual have specific food storage protocols? If so, what are they?	
Where can fluids be kept in the workplace? Is there a water cooler? If so, how can the individual buy in to the water cooler?	
Other relevant questions?	